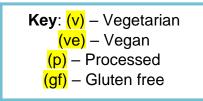
### Winter 24/25



# Week 1 Glenwood school

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Sausage twist <mark>(v)</mark>	Chicken Curry <mark>(gf)</mark>	Roast pork	Beef bolognese	Omega 3 Fish Fingers
Option 2	Cheese and onion Roll <mark>(v)</mark>	Quorn dippers <mark>(ve)</mark>	Vegetable parcel <mark>(v)</mark>	Jacket potato with cheese <mark>(v)</mark>	Quorn vegan chiqin strips <mark>(ve)</mark>
Gluten free	Gluten and Dairy free Parcel	Chicken curry	Roast Pork	Beef bolognese	Gluten free fish fingers
On the Side	Homemade wedges Bakes beans	Rice Cauliflower	Mash potato Yorkshire Pudding Seasonal Vegetables	Pasta Garlic bread	Chips Peas
			Gravy (optional)	Broccoli	
Dessert	Fresh fruit mix	Jam crumble slice	Yoghurt	Sponge and custard(v)	Shortbread <mark>(v)</mark>

Jacket Potato or Baguette available on request, Wholemeal Bread, Milk, Fruit and Yoghurt available every day



#### Winter 24/25



# Week 2 Glenwood school

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Quorn chilli <mark>(v)</mark>	Chicken pie	Roast Gammon with Yorkshire pudding	Macaroni cheese (v)	Omega 3 Fish fingers
Option 2	Rainbow stir fry <mark>(v)</mark>	Vegetable pinwheel (v)	Roast herby fillet <mark>(v)</mark>	Vegan sausage roll <mark>(ve)</mark>	Southern style burger <mark>(v)</mark>
Gluten free	Rainbow stir fry (v)	Chicken pie	Roast Gammon with gluten and dairy free Yorkshire pudding	Tomato Pasta	Fish fingers
On the Side	Rice <mark>(v)</mark>	Mash	Roast potatos	Pasta salad <mark>(v)</mark>	Chips
	Noodles Green beans	Peas	Carrots Gravy (optional)	Sweetcorn	Baked beans
Dessert	Oat cookie <mark>(v)</mark>	Fresh fruit salad (v)	Crumble and custard (v)	lced sponge (v)	Mini Doughnuts with chocolate sauce (v)

Jacket Potato or Baguette available on request. Wholemeal bread, milk, fruit and yoghurt available daily

Key: (v) – Vegetarian (ve) – Vegan (p) – Processed (gf) – Gluten free Winter 24/25

### Week 3 Glenwood school



	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margherita pizza <mark>(v)</mark>	Crispy chicken (With optional sweet and sour sauce)	Roast Turkey	Beef cobbler	Omega 3 fish fingers
Option 2	Cheese whirl <mark>(v)</mark>	Mexican Quorn chilli <mark>(v)</mark>	Roast vegetable crumble <mark>(v)</mark>	Quorn sausage <mark>(v)</mark>	Fluffy omelette muffins <mark>(v)</mark>
Gluten free	<mark>Gluten and dairy</mark> free pizza	Coated chicken	Roast Turkey	Beef cobbler (v)	Fish fingers
On the Side	Mix pepper and sweetcorn Pasta salad	Rice Green beans	Crispy Roast Potatoes Yorkshire Pudding Carrots Gravy (optional)	Broccoli Mash	Chips Baked Beans
Dessert	Fresh fruit salad <mark>(v)</mark>	Chocolate cake and custard <mark>(v)</mark>	Yoghurt <mark>(v)</mark>	Flapjack <mark>(v)</mark>	Orange cookie <mark>(v)</mark>

Jacket Potato or Baguette available on request, Wholemeal Bread, Milk, Fruit and Yoghurt available every day.

**Key**: <mark>(v)</mark> – Vegetarian <mark>(ve)</mark> – Vegan <mark>(p)</mark> – Processed <mark>(gf)</mark> – Gluten free